

Chicken Tortilla Soup

This is was on the back of the College Inn Low Sodium Low Fat

1 can (48 oz) College Inn light and fat free chicken broth
2 cans (14.5 oz) Del Monte Mexican Style Stewed Tomatoes, coarsely chopped**
2 medium onions, chopped
2 cloves garlic, crushed
 $\frac{1}{2}$ teaspoon ground cumin
4 cups diced cooked chicken
3 cups crushed baked tortilla chips
Cilantro
Shredded Monterey Jack Cheese (optional)

Combine tomatoes (undrained), broth, onion, garlic and cumin in a large soup pot; simmer 10 minutes. Add chicken. Simmer 3 to 5 minutes. Top individual servings w/tortilla chips, cilantro and cheese

Prep time: 5 minutes

Cook time: 15 minutes

** Using DelMonte Diced Tomatoes w/ Zesty Mild Green Chilies is DELICIOUS!